

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: HZS

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Konings Antoinette HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M BACKSTROKE WOMEN 11-12		Heat:9, starttime: 10:25	
Heat: 9/20 Lane : 3 Athlete: CLAESSENS ISA-BEAU		Q-time: 01:27:56	
PB (50m pool): 01:27.56 Gent 08/02/2026		PB (25m pool): 01:23.90 SB: 01:27.56 Gent 08/02/2026	
	5 0 M	1 0 0 M	
PB	00:43.33	01:27.56	
	00:43.33	00:44.23	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12		Heat:14, starttime: 10:38	
Heat: 14/20 Lane : 4 Athlete: BEVERNAGE TRIX		Q-time: 01:22:95	
PB (50m pool): 01:22.95 Sportoase De Watermolen 24/05/2026		PB (25m pool): 01:20.59 SB: 01:22.95 Sportoase De Watermolen 24/05/2026	
	5 0 M	1 0 0 M	
PB	00:41.70	01:22.95	
	00:41.70	00:41.25	
			

Coach feedback: